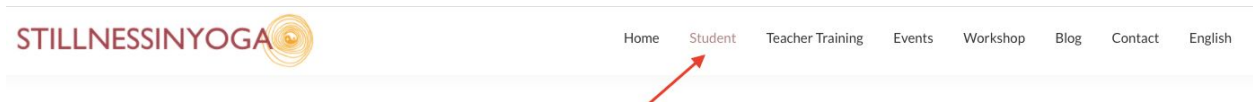


# Access to Stillness Yoga online platform

Here is the step by step process to access online course materials on our website.

## Step 1

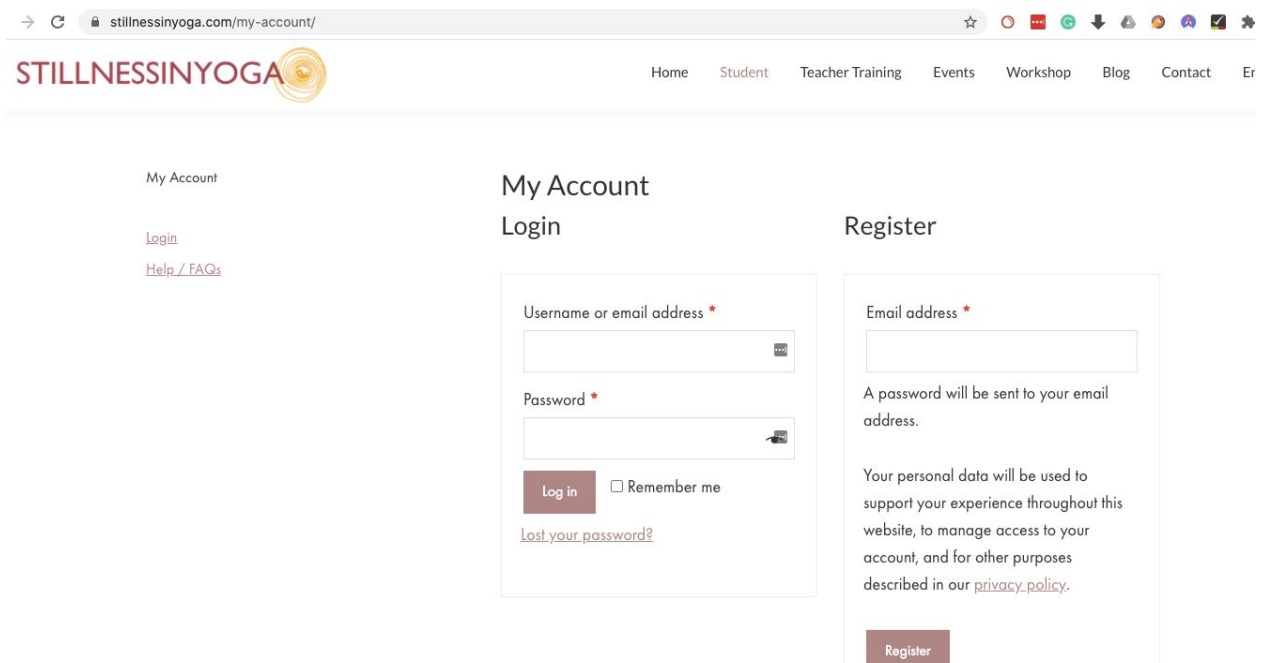
When you go to <https://www.stillnessyoga.com> you can see a top menu called “Student”.



Just click on that.

## Step 2

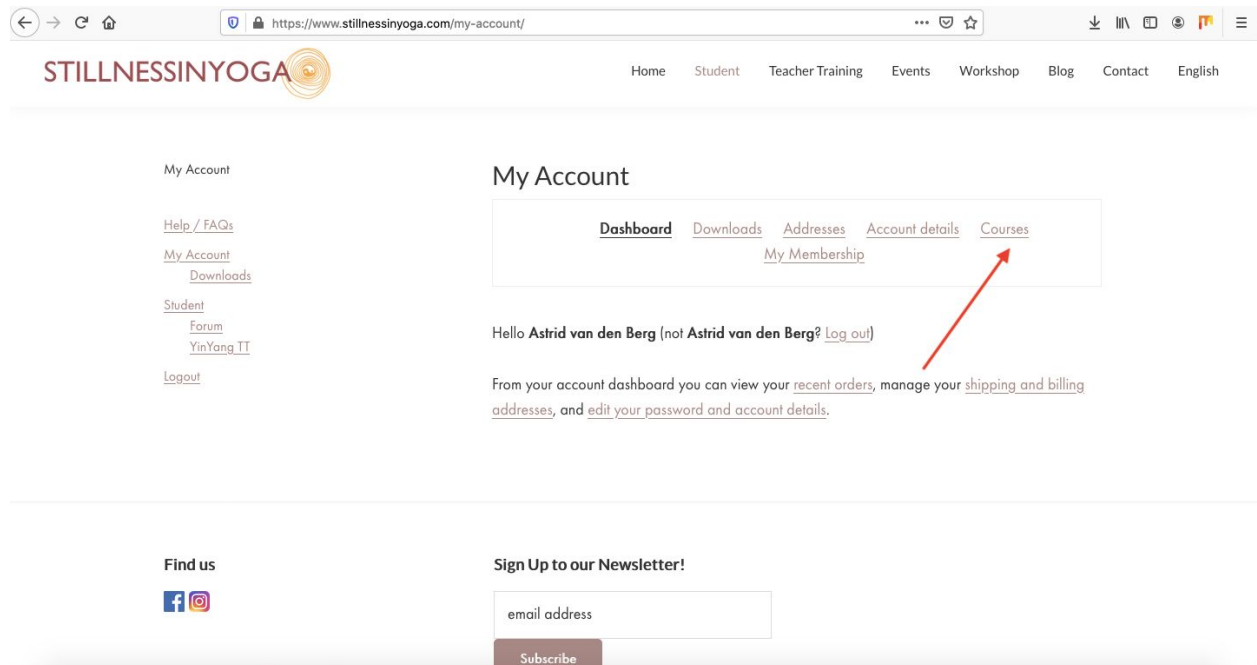
When you click on the Student menu at the top you will be directed to the my account page. If you have not logged in yet that page will have the login form for you to log in to the site.



## Step 3

When you logged in you will see the My account dashboard and there you can find details about your memberships, courses etc.

Just click on the courses menu at the top for course materials.



The screenshot shows the 'My Account' page on the Stillness Yoga website. The browser address bar displays 'https://www.stillnessyoga.com/my-account/'. The website logo 'STILLNESSYOGA' is in the top left, and a navigation menu is in the top right with links for Home, Student, Teacher Training, Events, Workshop, Blog, Contact, and English. On the left side, there is a 'My Account' sidebar with links for Help / FAQs, My Account, Downloads, Student, Forum, YinYang TT, and Logout. The main content area is titled 'My Account' and contains a sub-menu with links for Dashboard, Downloads, Addresses, Account details, Courses, and My Membership. A red arrow points to the 'Courses' link. Below the sub-menu, the user is greeted as 'Hello Astrid van den Berg (not Astrid van den Berg? Log out)'. A paragraph below states: 'From your account dashboard you can view your recent orders, manage your shipping and billing addresses, and edit your password and account details.'

### Step 3

There you can see the list of courses available and you can click on the specific course to access online course materials.

**Please note that the course materials are only available for the students who purchased relevant courses and if you have not purchased any specific course you can see a message like “This content is only available to members”.**

## Yin2A Teacher Training 2020/2021 sept-feb

12th Aug, 2020 by [b.van.norden](#)

This content is only available to members.

Filed Under: Geen categorie

[Help / FAQs](#)

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[YinYang TT](#)

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## Yogini Vinyasa Teacher Training 2020/2021 sept-mei

12th Aug, 2020 by [b.van.norden](#)

Filed Under: Geen categorie

If you have already purchased the course you will be able to see the course contents by clicking on a specific course.



## Yogini Vinyasa Teacher Training 2020/2021 sept-mei

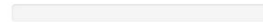
12th Aug, 2020 by [b.van.norden](#)

**Course Status:** Not Started

### Course Content

Lessons	Status
1 Links to manual TT	<input checked="" type="checkbox"/>
2 Video and drawing Devi sequence	<input checked="" type="checkbox"/>
3 Video and drawing Gayatri sequence	<input checked="" type="checkbox"/>
4 Video and drawing Tara sequence	<input checked="" type="checkbox"/>

### Progress



### Course navigation

- ▶ Links to manual TT
- ▶ Video and drawing Devi sequence
- ▶ Video and drawing Gayatri sequence
- ▶ Video and drawing Tara sequence

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That is it. Thank you and Enjoy !